



SB Fitness Registration Form

For more information

Phone: (662) 321-2930 or Email: sbfitnessllc@yahoo.com

	PLAYERS NAME	SEX	DOB	AGE	SHIRT SIZE	SHORTS SIZE	Phone Number
1							

Adult Sizes - ADULT XXX Large (3XL), Adult XX Large (2XL,) Adult Extra Large (XL), Adult Large (AL), Adult Medium (AM), Adult Small (AS)

Player Registration Fees: _____ **\$50 Per player (includes uniforms) or \$250 for teams who already have uniforms. Due Nov.2nd**

Mailing Address

Shane Butler

PO Box 3024

Tupelo, MS 38803-3024

-Write checks out to **SB Fitness, LLC.**

-Cashapp: \$SBFitnessllc (\$3 processing fee) (\$53 Total)

-Paypal: shane_butler@ymail.com (\$3 processing fee) (\$53 Total)

Emergency Contact Name/Number _____

Address _____

(Street)

(City)

(State)

(Zip Code)

Email address _____

FITNESS



RELEASE OF LIABILITY FOR PARTICIPANTS

I _____, am being allowed to participate in any way in the SB Fitness related events and activities, the undersigned acknowledges, appreciates, and agrees that:

The risk of injury to my child from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

1. FOR MYSELF, SPOUSE, AND CHILD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my child's participation; and,
2. I willingly agree to comply with the program's stated and customary terms and conditions for participation. If I observe any unusual significant concern in my child's readiness for participation and/or in the program itself, I will remove my child from the participation and bring such attention of the nearest official immediately; and,
3. I myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Covington Parks and Recreation its directors, officers, officials, agents, employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my child's involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
4. I, for myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

I understand the seriousness of the risks involved in participating in this program, my personal responsibilities for adhering to rules and regulation, and accept them as a participant.

(PARTICIPANT SIGNATURE)

(PRINT NAME)

Date Signed: _____



SB Fitness Summer League Rules and Regulations

-10 Team Max for Men

-10 Team Max for Women

- Each Team will play 8 Game/Week regular season. 2-week playoffs. Single Elimination
- \$50/player Entry (\$250/team after deadline- includes reversible home/away Game Jersey and Game Bottoms to keep. Order one size up.
- 6 Players Minimum Per Team. 12 players Max Per Team
- At Least One Coach and one team captain
- 4:6 min Quarters- Regulation Clock last 1 min of game. 1st OT- 2 mins, 2nd OT- 1 min, 3rd OT- Sudden Death Basketball.
- All Games must start on time or time deducted every min late
- Saturday morning
- 5 min warmup
- 2 min halftime
- No outside food or drinks. Concessions will be provided
- Stats and fouls will be kept.
- Payment, Rosters and Sizes due by Nov 2nd 2019

Rules and Regulations

1. Same NCAA College Game Rules
2. 5 Fouls= Foul Out
3. 2 Techs= Kicked out gym and 1 game suspension
4. 2 Time-outs per half
5. Respect All Refs
6. Playoffs are single elimination
7. No Profanity (Profanity is and a Tech)
8. Fighting will result in an automatic termination from league play
9. Final team roster and any trades are finalized after week 3 of the season.



10. College and Professional athletes can be added or deleted at any point during the season. They are not allowed to play with more 1 team.

Concession

1. Drinks- Water, Powerade, Juice
2. Chips
3. Nachos
4. Hot Dogs
5. Burgers
6. Candy
7. Popcorn
8. SB Fitness Merchandise
9. Etc.

Team Color and Names

Numbers- #1,2,3,4,5,10,13,20,21,23,30,35

1. SB Fitness Warriors- Yellow/Gold and White
2. SB Fitness Rockets- Red and White
3. SB Fitness Celtics- Green and White
4. SB Fitness Spurs- Grey and White
5. SB Fitness 76ers- Royal and White
6. SB Fitness Lakers- Purple and White
7. SB Fitness Grizzlies- Sky Blue and White
8. SB Fitness Knicks- Orange and White
9. SB Fitness Wizards- Navy and White
10. SB Fitness Nets- Blacks and White

***Player must pay for any damage cost to replace uniforms. Player must be in uniform to play.**

Champions get 1st, 2nd and MVP trophies will be given out. *

Website- sbfitnessllc.com

#RealWorkRealResults #LongLiveTub

sb fitness

